



**“9th” Annual SNOWFLAKE HOLIDAY SWIM MEET  
AT DUNLEVY MILBANK CENTER,  
14-32 West 118<sup>th</sup> St, between Lenox & Fifth Ave, NYC 10026**

**Location:** Dunlevy Milbank Center, 14-32 West 118<sup>th</sup> St, between Lenox & Fifth Ave, New York, NY 10026  
**Directions:** Take the 2 3 or 6 Train to 116th Street  
**Date:** **SUNDAY, DECEMBER 4, 2016**  
**Time:** Warm Up (optional): 9:30am  
Meet Starts: 10:00am  
Meet Ends: 11:30am  
**Eligibility:** Events are open for anyone who can swim 1 length of the pool.  
**Awards:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> places in each heat.  
Ribbons will be awarded to everyone.  
● **SNACKS WILL BE SERVED & PRIZES GIVEN OUT**  
**Entry Fee:** \$30.00 – Register online at [physiqueswimming.com](http://physiqueswimming.com), at the pool, by email or phone  
Make checks payable to ‘Physique Swimming,’ credit cards and cash are welcomed.  
**Entry Deadline:** **FRIDAY, DECEMBER 2, 2016**  
**Questions:** **212- 725 – 0939** or [Info@PhysiqueSwimming.com](mailto:Info@PhysiqueSwimming.com)

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Turn to the back for list of events ----->

**PHYSIQUE SWIM SCHOOL PARTICIPANTS, PLEASE FILL OUT & SUBMIT THIS REGISTRATION WITH PAYMENT FOR EACH CHILD**

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone # \_\_\_\_\_ Email: \_\_\_\_\_

Circle Payment: Check# \_\_\_\_\_ Cash or CC: \_\_\_\_\_ Exp Date: \_\_\_\_\_ / \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_

**Photo/Video Release:** I give permission for my child to be photographed and/or video taped during this event for Physique Swimming. Parent/Guardian Signature \_\_\_\_\_

Turn to the back for list of events & fill out the info above to ----->

~ See You at the Pool ~

Physique Swimming Inc.  
120 E 23rd St, 5th Floor  
New York, NY 10010  
t: (212)-725-0939 f: (646)-478-9005  
e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)  
[physiqueswimming.com](http://physiqueswimming.com)



## “SNOWFLAKE” SWIM MEET EVENTS

SWIM MEET SHALL BE RUN UNDER USS Swimming Rules

| Event # |              | Age          | Event         |
|---------|--------------|--------------|---------------|
| 1       | Girls & Boys | All Ages     | Medley Relay  |
| 2       | Girls        | 6 & under    | 25 Backstroke |
| 3       | Boys         | 6 & under    | 25 Backstroke |
| 4       | Girls        | 7 – 8        | 25 Backstroke |
| 5       | Boys         | 7 – 8        | 25 Backstroke |
| 6       | Girls        | 9 – 10       | 50 Backstroke |
| 7       | Boys         | 9 -10        | 50 Backstroke |
| 8       | Girls        | 11 & older   | 50 Backstroke |
| 9       | Boys         | 11 & older   | 50 Backstroke |
| 10      | Girls        | 7 – 8        | 25 Breastroke |
| 11      | Boys         | 7 – 8        | 25 Breastroke |
| 12      | Girls        | 9 – 10       | 50 Breastroke |
| 13      | Boys         | 9 – 10       | 50 Breastroke |
| 14      | Girls        | 11 & older   | 50 Breastroke |
| 15      | Boys         | 11 & older   | 50 Breastroke |
| 16      | Girls        | 6 & under    | 25 Freestyle  |
| 17      | Boys         | 6 & under    | 25 Freestyle  |
| 18      | Girls        | 7 - 8        | 25 Freestyle  |
| 19      | Boys         | 7 – 8        | 25 Freestyle  |
| 20      | Girls        | 9 – 10       | 50 Freestyle  |
| 21      | Boys         | 9 – 10       | 50 Freestyle  |
| 22      | Girls        | 11 & older   | 50 Freestyle  |
| 23      | Boys         | 11 & older   | 50 Freestyle  |
| 24      | Girls        | 11 & older   | 100 Freestyle |
| 25      | Boys         | 11 & older   | 100 Freestyle |
| 26      | Girls        | 8 – 10       | 100 IM        |
| 27      | Boys         | 8 – 10       | 100 IM        |
| 28      | Girls        | 11 & older   | 100 IM        |
| 29      | Boys         | 11 & & older | 100 IM        |

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