



**PHYSIQUE SWIMMING AQUATICS
QUAD AFTER CAMP AT PINE ST SCHOOL**

INSTRUCTIONAL SWIMMING AT SEAHORSE AQUATIC CLUB, 69 COLUMBIA ST.

We are excited to announce our 2017 Quad After Camp Aquatics program at the Pine Street School located in the heart of Financial District at 25 Pine Street. Our aquatics program is offered twice a week on Tuesdays and Thursdays with instructional swim at Seahorse Aquatics. Students are bused twice a week for 1 hour of instructional swim.

Our specialized After Camp Swim Program offers superior instructional swimming. The program provides individual attention in small group classes which allows campers to learn at any ability and level. Aquatic instruction is customized on your child's swimming goals and needs. We teach all swimming fundamentals and safety to all beginner swimmers and provide stroke clinic analysis to our most advanced swimmers.

The pool at Seahorse features 5 lanes, 25 yards, starting blocks, 3.5 feet shallow in the shallow end and 10 feet deep in the deep end. It is the perfect pool for our beginner and advanced swimmers.

2017 After Camp Summer Session Dates:

Tuesdays & Thursday Twice a Week Swim Program

Group Lessons: July 6 - August 10 (11 classes, 2x a week, 1hr, \$880.00)

Private Lessons: July 6 - August 10 (11 classes, 2x a week, 1hr, \$1100.00)

Physique Swim Lesson Levels

Beginner 1: Water Exploration
Beginner 2: Primary Skills
Advanced 1: Stroke Readiness
Advanced 2: Stroke Development
Swim Team Prep Skill Proficiency

Sample Schedule

3:00 pm: Students are greeted at dismissal with a light snack
3:15 pm: Take the bus To Seahorse Aquatic Club
3:30 pm - 4:30 pm: Instructional Swim for 1hr
5:15 pm: Return back to Pine St School
5:30 pm: Students are dismissed from Camp

Registration for Physique Quad After Camp Swim Program can be arranged [online](#), by credit card over the phone at (212) 725 - 0939 or by sending the registration form to 120 East 23rd St, 5th Fl, New York, NY 10010. Please make all payments to 'Physique Swimming.'

Physique Swim School Registration Form. Please, fill out it completely.

Student's Name	Age	Level	Dates	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
Parents' Name _____ / _____				
Phone(C) _____	Phone(H) _____			
Address _____	City _____		ZipCode _____	
E-Mail Address _____ / _____				
Credit Card: _____			Exp Date: _____	